



CHARLETON
CHURCH OF ENGLAND ACADEMY

Charleton Family Support Newsletter

May 6th 2022

Welcome back to the Summer Term everyone!

We are so happy to see your wonderful children in our school. We have some exciting news to share with you all. We are pleased to announce that **'Mini Chestnuts'** Parent, baby and toddler group will be starting on Thursday the 16th of June from 9am until 10am. This will run weekly with lots of exciting events planned through the Summer Term. We would like to provide a happy and safe environment for anyone who cares for a child or children from Kingsbridge and the surrounding villages. If you are expecting a baby and you would like to come along and make new friends, you are also very welcome. We will have tea, biscuits and lots of outdoor space.

To celebrate the opening day of **Mini Chestnuts** I have arranged for **Southwest Animal Services** to entertain us kindly supported by a donation from our Friends of West Alvington Academy on **Thursday the 16th of June**.

Please look at the link to learn more about Chris Johnson and his amazing animals:
<https://southwestanimalservices.co.uk/south-west-animal-services-animal-encounters/>



If you have any questions, please feel free to email me.

A big thank you to our **'Friends of West Alvington Academy'** who have generously given us the money to pay for this.

Bales Buddies Therapy Dogs

The waiting list for the Therapy Dog Programme has now reopened! In Bales Buddies Therapy Assistance Dog Programme, they provide puppies and work with the family and dog until they become fully trained Therapy Dogs for autistic children, young adults and schools dealing with autism and additional needs. Bales Buddies educate the handler and their family with training on how to care for, work with, and handle the dog. To receive more information about this programme and how to apply, please email enquiries@balesbuddies.org or visit <https://www.balesbuddies.org/>

August, the services will be delivered under the name Devon Education Services. While the main Babcock LDP website won't be transferring across, the wealth of guidance resources and other information currently hosted there is being reviewed, updated and will be transferred to the relevant DCC website ahead of the



transition. Babcock LDP's existing shop will be transferring across to DCC and work is underway to move all relevant information from their other webpages across to the shop, which also includes free courses. Schools and settings will therefore be able to access information on available training and book places or other traded work in the same as they do now. Any further updates will be shared as and when available.

Kingsbridge Gymnastics club is proud to announce the launch of GYMCLUSIVE an inclusive program aimed at teaching gymnastics and providing fitness opportunities for young people with additional needs. The Gymclusive program will be taught and managed by a trained inclusive gymnastics coach. The club offers a dedicated Gymclusive area, sensory room as well as full use of main gym hall with a competition sized sprung floor. The club also owns a range specially adapted equipment including sensory swing, soft play structures, trampette and lots more! To book the free taster session on Thursday 5th May 4pm – 6pm, please email: hello@kingsbridgegymclub.co.uk
www.kingsbridgegymclub.co.uk



Wheelchair access is unavailable at the moment. Plans are in place to rectify this.

Nip in the Bud This children's national mental health awareness charity has produced evidence-based short films and factsheets to help parents, carers and others working with children to help recognise any potential mental health issues in primary school aged children. These are freely available on their website:
https://nipinthebud.org/?utm_source=Facebook&utm_medium=social&utm_campaign=Orlo



Augmentative and Alternative Communication (AAC)

Augmentative and Alternative Communication is a set of tools and strategies that an individual uses to aid communication. AAC can take many forms such as; speech, a shared glance, text, gesture, facial expression, touch, sign language, symbols, pictures and speech generating devices. Everyone

uses AAC to help them get their message across but for children, young people and adults with complex communication needs AAC provides a means to ensure they have a voice. A group of professionals from across the whole of Devon have worked with parents and carers to create an interactive training programme that provides an introduction to AAC. The training focuses on the following areas: • What is AAC? • AAC Themes and Myths • Where can I find out more? This FREE online training is suitable for parents/carers and professionals and can be accessed from: <http://soc.devon.cc/A2bta>

DiAS parent training session dates are now live for this term. Book your place now! All sessions are online and free of charge. EHCP Review Mythbusting • Tuesday 17th May 2022- 10.30-12.30 • Thursday 30th June 2022- 10.30-12.30 • Thursday 14th July 2022- 10.30-12.30 To book a session please follow the link below to Eventbrite: <http://soc.devon.cc/CVpQz> Demystifying SEND • Monday 25th April 2022- 10.30-12.30 • Tuesday 24th May 2022- 10.30-12.30 • Wednesday 8th June 2022- 10.30-12.30 • Monday 4th July 2022 10.30-12.30 To book a session please follow the link below to Eventbrite: <http://soc.devon.cc/181G7> Listening to your Child's Views • Wednesday 4th May 2022 10.30-12.30 • Thursday 23rd June 2022 10.30-12.30 • Tuesday 12th July 2022 10.30-12.30



Book a place on these events on Eventbrite: <http://soc.devon.cc/Ro1TL> Click here to book: [Positive Behaviour Support: Group support sessions for family carers Tickets | Eventbrite](#)

You can also download the Bild flyer here: [Peer educator flyer 2 \(bild.org.uk\)](#)



Contact Most children start to show an interest in moving onto a potty at the age of 2. But if your child has a physical or learning disability, they may not be ready until they're older. Visit Contact's website below for advice on when (and how) to start toilet training — and how to deal with common issues that may come up. You can also read their Potty-Training parent guide for more information contact.org.uk/pottyguide

Useful Emergency Contact Numbers: NHS Helpline: 111 Use 999 if a medical emergency. Multi Agency Safeguarding Hub, if you are concerned about your own safety or that of a child or young person: 0345 155 1071 National Domestic Abuse Helpline (Devon): 0808 2000 247 (24 hours) Use 999 if you are in immediate danger. YoungMinds Crisis Messenger, for free 24/7 support across the UK if you are a young person experiencing a mental health crisis. If you need urgent help text YM to 85258 Samaritans (24 hours): 116 123 Citizens Advice Bureau National Helpline: 03444 111 444 Find us on Facebook.



Children in Devon are best safeguarded when key agencies work together effectively. The Devon Children and Families Partnership is designed to help make this happen.

It is our aim to make sure that children and families can get the right support, in the right place at the right time.

Please follow the link for more information

<https://www.dcfp.org.uk/>



Is the way that you are feeling affecting your daily life? Are you struggling to cope, feeling low, anxious or overwhelmed by your thoughts and feelings? Are you living with a health condition that is making you feel tired, frustrated and worried? You are not alone and we can help.

<https://www.talkworks.dpt.nhs.uk/>



The Communication & Interaction Team (Babcock LDP) are running various topic based workshops, available for parents/carers to choose from based on the priority needs for their child/young person and desired knowledge and further understanding in these topic areas:

- Monday 16th May from 12.30pm-2.30pm Autism – Communication (verbal – support strategies) Trainer - Laura O'Shea
- Tuesday 24th May from 9.30am-11.30am Autism – Managing stress + anxiety Trainer - Alison Cann
- Wednesday 15th June from 9.30am-11.30am Autism – Demand avoidance + PDA, trainer - Robert Good
- Friday 8th July from 9.30am-11.30am Autism – Vulnerability + online safety trainer - Paul Lamanna
- Thursday 28th July from 9.30am-11.30am Autism – Sensory processing + integration Trainer - Kevin Jones

Apply direct by email to: LDPLearnerSupport@babcockinternational.com to secure a place on any of the workshops. Babcock will confirm your booking request and provide you with a direct link to the event. They will be delivered online 'live' via the ClickMeet platform.

The Promoting Choice Team are excited to announce that they will be providing free online workshops

These are:

- After The Birth: Early Days as a New Parent
- Empower Yourself – Healthy Sex and Consent
- Pregnancy Journey – Things You Need to Know!
- Child Learning and Development – The First Two Years

If you are working with a client that may benefit from any of these workshops, then please direct them to this link: <https://www.eventbrite.co.uk/o/promoting-choice-39926985073> or they are able to scan the QR codes on the posters below to book a place.

If you have any questions, please email promotingchoice@colabexeter.org.uk.





Kingsbridge Drop-in Opens

This latest addition to the drop-in services shares the same relaxed and friendly vibe as the other drop-ins in Exeter, Tiverton and Honiton, and welcomes anyone aged 18 and over. It is an informal weekly session, with no need to book a place, so those interested can simply turn up on the day, sit quietly, join in activities, or chat with other attendees and staff over a free cuppa and a biscuit. The low-pressure sessions don't require any commitment to join in or to attend more often than suits, and those who come along can expect a range of resources including information and signposting, creative activities, puzzles, games, and a welcoming atmosphere. The aim is to help those facing mental health challenges to keep well, have hope, and to know they're not alone. The new service is available every Tuesday, 1:00pm – 4:30pm at the Tumbly Hill Day Centre, Kingsbridge TQ7 1HN. For more details click on the link: [Recovery Library and Drop-in in Kingsbridge](#)

Totnes Dads Project-under 5s.

All dads, father figures and grandads welcome with children aged under 5.

Woodland Fun Explore the woods

Saturday 7th May 1-3pm

At Totnes Children's Centre, next to St John's School Pathfields,
Bridgetown,
Totnes
TQ9 5TZ.

Free event (donations welcome).

Please book: bookings@dangerousdads.org.uk

For more information contact lan-07731 795160

<https://dangerousdads.org.uk/>

Have a lovely weekend!

Natasha Ive

If you have any concerns or would just like to talk with me, please email or call me on:

nive@lapsw.org

07976 756077.

