

Summer Menu 2023

To go with the main meal ...

Seasonal vegetables **V**

All vegetables are seasonal with the exception of peas, sweetcorn and baked beans.

Jacket Potatoes

Jacket potatoes are available as an alternative main meal with cheese **V**, beans **V** or tuna mayo.

Freshly Baked Bread

Freshly baked bread is available each day to compliment the main meal.

Salad Bar

A freshly prepared salad bar is available daily.

Yogurts and fresh fruit are also available daily.

V Vegan

V Vegetarian

Week Three

For weeks commencing
01/05, 22/05, 19/06, 10/07

Margherita Wrap **V** or Vegan Margherita
Wrap **V** with potato wedges

Tuna mayo and sweetcorn wrap **V** or
Egg mayo sandwich **V**

Chocolate cracknel **VV**

Meatballs or Quorn Swedish Balls **V** Vegan
Balls **V** With Spaghetti and Crusty Bread

Cheese and Salad wrap **V** or Ham
sandwich

Lemon Muffin **V**

Roast chicken and gravy or Broccoli &
Cauliflower bake **V** or Vegan Roast **V** with
roast potatoes

Cheese & Chutney wrap **V** or Tuna mayo
sandwich

Organic ice-cream

Chicken Curry or Quorn Chicken curry **V** or
butternut squash & lentil curry **V** with rice &
Naan Bread

Cheese spinach & mango chutney wrap **V**
or Ham sandwich.

Iced Sponge Cake

Fish fingers or Vegan nuggets **V** with chips
and peas or beans

Tuna mayo and cucumber wrap or Chicken
and sweetcorn mayo sandwich.

Strawberry Jelly and cream

Week Two

For weeks commencing
24/04, 15/05, 12/06, 03/07, 24/07

Mac and cheese **V** or Roasted Vegetable
Tomato Pasta Bake
V with garlic bread

Cheese & cucumber wrap or Egg mayo
sandwich **V**

Custard Biscuit **VV**

BBQ Chicken Burrito or BBQ Quorn Chicken
Burrito **V** Or BBQ Vegetable Burrito **V** with
rice

Tuna mayo and cucumber wrap or Ham
sandwich.

Blueberry muffin **V**

Roast turkey and gravy or Yorkshire
pudding stuffed with roasted vegetables **V**
or Vegan Roast **V** with roast potatoes

Ham and salad wrap or Tuna mayo
sandwich.

Organic ice-cream

Pasta Beef Bolognese or Plant Based
Bolognese **VV** with Garlic Bread

Cheese and salad wrap **V** or Ham
sandwich.

Chocolate cake and Chocolate Custard **V**

Fish fingers or Vegan Nuggets **V** with chips
and peas or beans

Cheese, spinach, and Mango chutney
wrap **V** or Chicken and Bacon mayo
sandwich.

Angel Delight

Week One

For weeks commencing
17/04, 08/05, 05/06, 26/06, 17/07

Wholemeal Pepperoni pizza or Margherita
pizza **V** or Vegan Pizza **V** with potato
wedges

Cheese salad wrap **V** or Egg mayo
sandwich **V**

Plain Shortbread **V**

Chicken Pasta Bake or Roasted vegetable
Pasta Bake **VV** with garlic bread

Tuna mayo and cucumber wrap or Ham
sandwich.

Apple and cinnamon muffin **V**

Honey roast ham and gravy or Veggie Plait
V or Vegan roast **V** and roast potatoes

Ham and lettuce wrap or Tuna mayo
sandwich.

Organic ice-cream

Sausages or Quorn sausage or Vegan
Sausage with mash potato and gravy

Chicken and sweetcorn mayo and lettuce
wrap or cheese sandwich **V**

Flapjack **VV**

Fish fingers or Vegan nuggets **V** with chips
and peas or beans

Cheese, spinach, and mango chutney
wrap **V** or Chicken and bacon mayo
sandwich.

Frozen Strawberry yoghurt smoothie

MONDAY

TUESDAY

**ROAST
WEDNESDAY**

THURSDAY

**FISH
FRIDAY**

