

# AUTUMN ACTIVITIES

We understand that the half term holidays can be challenging, so we have pulled together some useful information on where you can eat out as well as activities that you can do over the break that are suitable for both adults and children. We hope you find it useful!

# 1. Visit the Beaches

If you are looking for somewhere to wrap out warm and go rock pooling in wellies check out Hartland Quay in near Bideford in North Devon and Oddicombe Bay near Torquay. Blackpool Sands near Dartmouth is a great option, as well as Bantham Beach near Salcombe.

In Cornwall Treyarnon Bay between
Newquay and Padstow has some large
shallow rocks pools, which is a great childfriendly option if you want ideas of free
things to do near Newquay, while further
up the coast, Greenaway Beach near
Polzeath is perfect for older children.

On the south coast, there are some great rock pooling options near Falmouth, including Castle Beach and Hannafore Beach near Looe. The <u>Cornwall Wildlife</u> <u>Trust</u> also runs rockpool safaris and rockpool rambles throughout the year, as well as beach clean ups.

# 2. Letterboxing and Geo-caching

Download a geo caching app to find hidden stashes on Dartmoor. Or why not have a go at <u>Letter Boxing</u>, where you need to track down over 100 'letterboxes'. When you find one of these you can record your find with a stamp that you'll find inside.

### 3. Becky Falls

Fun outdoors with the whole family this October Half Term at Dartmoors famous Becky Falls.

This years activities include pumpkin carving, special effects, animals talks and a free activity trail with the chance to win a season ticket for 2024.

#### 4. Visit the Forests

Cardinham Woods is found in central Cornwall with plenty of free walking trails ranging from 1 mile to 4 miles! In Devon, you can visit Haldon Forest near Exeter. There is also a Zog forest adventure trail at both sites - the mobile app is free to download and you can pick up an activity pack for £4 which includes pencils, crayons, stickers and dragon wings!

#### 5. Discover Melin's Cave

Tintagel in Cornwall is a great place to visit but is expensive to visit the castle ruins. Instead, why not head down to the beach at low tide (as the cave fills with water at high tide) to explore Merlin's cave. This activity is better with older children as there is quite a lot of scrambling needed, and we recommend you bring a torch with you!



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Days out can be expensive, so we've pulled together a list of activities that you can do within Devon and Cornwall over the half term break to suit a range of budgets

# 5. Pumpkin Picking

Fancy visiting a pumpkin patch this
October to find the perfect pumpkin for
your soup or to display in your home take
a look below at where you can visit:

- Lifton Stawberry Fields
- Darts Farm Pumpkin Patch in Exeter
- PYO Pumpkins in South Devon
- Terawhiti Farm, South Milton
- Devon Pumpkin Picking in Paignton

# 5. Craft Fair and Pumpkin Festival

The event is being held in Poundstock, Bude and is free to access with a variety of stalls to visit including jewellery, gifts, pottery, cakes and much more.

You can watch awards being given to those with the heaviest, biggest of best carved pumpkins!

# 7. Pumpkin Patch at Pennywell Farm

Bigger and better than last year, the 2023 Pumpkin festival includes:

Access to Pumpkin patch, walking trails, live music, marshmallow toasting experience, games and much more.

# 8. Roskilly's Farm

Roskilly's is a working Cornish farm south of Helston; there are plenty of beautiful walk and paths to explore through Old Withy Woods and wild meadows. You can also meet plenty of farm animals including calves, goats, pigs, sheep, chickens and more! You might even get to see the Jersey cows being milked and their famous ice cream being made.

## 9. House of Marbles

Free to enter and free parking as well in Newton Abbot. There is plenty to see here, from the Marble Museum, Snooki marble run, Games Garden and more!

# 10. Cosy day at home

Why not have a look at what films are going to be on tv, grab some popcorn and have an at home movie night in the comfort of your home!

Spend the day indoors with a cup of hot chocolate and play some games, dig out any board games hiding in your cupboard or get creative coming up with your own quiz or keep to the classics like Charades or Pictionary!

Eat DRINK

# PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE OCTOBER HALF TERM 2023

Eat DRINK

moneysavingcentral.co.uk/kids-eat-free

#### MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

#### **M&S CAFES**

Spend £5 & get one free kid's meal Mon - Fri during the Oct Half term (various dates)

#### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

#### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

#### BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

#### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

#### TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### **SIZZLING PUBS**

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

#### TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

#### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

#### YO! SUSHI

From Monday 16th October - Friday 27th 2023 kids eat free with every £10 adult spend

#### **GORDON RAMSEY RESTAURANTS**

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

#### BILLS

2 kids eat FREE Monday - Friday from Monday 23rd October - Friday 3rd November 2023

#### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

#### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

#### **TABLE TABLE**

Two children under 16 can get a free breakfast every day with one paying adult!

### PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

#### IKEA

Kids get a meal from 95p daily from 11am

#### HUNGRY HORSE

Kids eat for £1 on Mondays

#### **FUTURE INNS**

Under 5s eat for free with any adult meal.

# 100+ Fall Outdoor Activities for Kids

	Jump in a leaf pile	Let your pumpkin rot	Make a nature portrait
<b>*</b>	Apple picking	Run a turkey trot (or Fun Run)	Donut on a string game
	Watch a football game	Get lost in a com maze	Smash pumpkins
	Attend a festival	Make a scarecrow	Make firestarters
	Fall color hike	Paint mini pumpkins	Campfire cookout
1	Go horseback riding	Volunteer clean up	Find wild persimmon
	Bob for apples	Make caramel apples	Make popcom on the cob
*	Make fall	Visit a haunted house	Fall family photos
	Match the tree	Read fall books outside	Friendsgiving
	Go for a bike ride	Go to a pumpkin patch	Train ride
	☐ Bird watching	Collect conkers	Make a float
	Track the phases of the moon	Stargaze in blankets	Pumpkin carving
	Dissect a sunflower	Painted leaf tablecloth	Leaf threading
	Watch a parade	☐ Roast marshmallows & hot dogs	Go hunting
	Have a bonfire	Make a thankful tree	☐ Build a compost bin
Ŏ	Preserve leaves with beeswax	Go on a spider web hunt	Chop firewood
	Go camping ~	☐ Apple stamping	Salt dough leaf impressions
	Night hiking –	Make a dream catcher	Go canoeing/kayaking
	Enjoy hot spiced apple cider	Pumpkin stime	Random acts of kindness
	Go fishing	Rake leaves for neighbors	☐ Walk in the fog
	Go trick or treating	Hot chocolate/apple cider stand	Go on a bear hunt
B	Hayride (	Fall photo scavenger hunt	☐ Visit a local farmer's market
	Make bird feeders	Painting with mod	Dissect a sunflower
	Plant bulbs for spring	Acom hunt	Plant apple seeds
	Have a flag football game	Watch geese fly south for winter	Play in a corn pit
	Go on a bat hunt	Make a writch's potion from nature	Climb a tree
	Outdoor picnic	Build an outdoor den	Paint rocks
	Weekend road trip	Roast pumpkin seeds	Go geocaching
	Visit a botanical garden	Clean out garden & flowerbeds	Make a pumpkin volcano
	Make nut brittle	Visit an amusement park	Outdoor exercises
	Make a leaf crown	Make campfire apples	Paint with acoms
	Make a terrarium	Attend a soccer game	Learn how to pitch a tent
	Decorate your front porch/door	Oonate to a food bank/pantry	☐ Make apple chips
	Do leaf rubbings	Outdoor family game night	☐ Leaf nature masks (△△✓△)
	Make a pinecone wreath	rupwildowahild.com	☐ Watch a sunset
		runwildmychild.com	